

| ◀ June | | July 2018 | | | | | August ▶ |
|---|--|---|-----------|--|---|---|----------|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
| 1 | 2 | 3 | 4 | 5 | 6 <u>Open Field</u> 9:30-11:30 | 7 <u>Contact Day 1</u> Canfield Tournament 1:00 field 4 5:10 field 2 6:00 stadium 7:40 stadium | |
| 8 | 9 <u>Conditioning</u> Track 9:30-10:45 Weight Room 11:00-12:00 | 10 <u>Conditioning</u> Track 9:30-10:45 Weight Room 11:00-12:00 | 11 | 12 <u>Conditioning</u> Track 9:30-10:45 Weight Room 11:00-12:00 | 13 <u>Team Camp</u> Ashland University | 14 <u>Team Camp</u> Ashland University | |
| 15 <u>Team Camp</u> Ashland University | 16 <u>Light Recovery</u> Track 9:30-10:30 Weight Room 11:00-12:00 | 17 <u>Contact Day 2</u> Weight Room 11:00-12:00 <i>Twinsburg Friendlies</i> 5:20 v Solon 6:00 Twinsburg | 18 | 19 <u>Conditioning</u> Track 9:30-10:45 Weight Room 11:00-12:00 | 20 <u>Contact Day 3</u> Copley Road Fields 3:00 Stow 1 4:10 Stow 2 5:20 Stow 1 6:30 Stow 2 | 21 <u>Contact Day 4</u> Copley Road Fields 9:00 Stow 1 10:00 Stow 2 11:00 Stow 1 12:00 Stow 2 | |
| 22 | 23 <u>Conditioning</u> Track 9:30-10:45 Weight Room 11:00-12:00 | 24 <u>Contact Day 5</u> Weight Room 11:00-12:00 <i>Twinsburg Friendlies</i> JV 6:40 & 7:20 Varsity 8:00 v Howland 8:40 v West Geauga | 25 | 26 <u>Contact Day 6</u> Training 9:30-12:00 | 27 <u>Contact Day 7</u> Strongsville Tournament | 28 <u>Contact Day 8</u> Strongsville Tournament | |
| 29 <u>Contact Day 9</u> Strongsville Tournament | 30 <u>Light Recovery</u> Track 9:30-10:30 Weight Room 11:00-12:00 | 31 <u>Contact Day 10</u> Training 8:30-11:30 <u>Mandatory Fall</u> <u>Sports Parent</u> <u>Meeting</u> 7:00 @ HS auditorium | | | | | |