

July 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3	4	5	6 Conditioning Track 9:30-10:45 Weight room 11:00-12:00	7 Open field 9:30-11:30	8 <u>Contact Day 1</u> Perrysburg Tournament
9 <u>Contact Day 2</u> Perrysburg Tournament	10 Conditioning Track 9:30-10:45 Weight room 11:00-12:00	11 <u>Contact Day 3</u> @Twinsburg Scrimmages Weight room 11:00-12:00	12	13 Conditioning Track 9:30-10:45 Weight room 11:00-12:00	14 <u>Contact Day 4</u> Stow Tournament	15 <u>Contact Day 5</u> Stow Tournament
16	17 Conditioning Track 9:30-10:45 Weight room 11:00-12:00	18 Conditioning Track 9:30-10:45 Weight room 11:00-12:00	19	20 Urbana University Camp Arrival: 3:00-4:30 11:30	21 Urbana University Camp	22 Urbana University Camp
23 Urbana University Camp 12:15 Checkout	24 Conditioning Track 9:30-10:45 Weight room 11:00-12:00	25 <u>Contact Day 6</u> @Twinsburg Scrimmages Weight room 11:00-12:00	26	27 Conditioning Track 9:30-10:45 Weight room 11:00-12:00	28 <u>Contact Day 7</u> Strongsville Tournament	29 <u>Contact Day 8</u> Strongsville Tournament
30 <u>Contact Day 9</u> Strongsville Tournament	31 Conditioning Track 9:30-10:45 Weight room 11:00-12:00	<p>Notes: We use our 10 contact days for scrimmages. Not all players will go to contact days. The coaching staff will put a roster together for each contact day and let you know if you are playing that day.</p> <p>Red times represent when to be at the school for departure</p>				