

June 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13 Open field & Conditioning 9:30-11:00	14 NST speed & agility training 9:30-10:45	15	16 NST speed & agility training 9:30-10:45	17 Open field & Conditioning 9:30-11:00	18
19	20 Open field & Conditioning 9:30-11:00	21 NST speed & agility training 9:30-10:45	22	23 NST speed & agility training 9:30-10:45	24 Open field & Conditioning 9:30-11:00	25
26	27 Open field & Conditioning 9:30-11:00	28 NST speed & agility training 9:30-10:45	29	30 NST speed & agility training 9:30-10:45	Notes:	

July 2016						
◀ June						August ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> Open field & Conditioning 9:30-11:00	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b> NST speed & agility training 9:30-10:45	<b>6</b>	<b>7</b> NST speed & agility training 9:30-10:45	<b>8</b> Open field & Conditioning 9:30-11:00	<b>9</b> Contact Day 1: Perrysburg Tournament
<b>10</b> Contact Day 2" Perrysburg Tournament	<b>11</b> Open field & Conditioning 9:30-11:00	<b>12</b> NST speed & agility training 9:30-10:45 @ Twinsburg 8:10 & 8:50 PM	<b>13</b>	<b>14</b> NST speed & agility training 9:30-10:45	<b>15</b> Contact Day 3: Stow Tournament	<b>16</b> Contact Day 4: Stow Tournament
<b>17</b>	<b>18</b> Open field & Conditioning 9:30-11:00	<b>19</b> NST speed & agility training 9:30-10:45	<b>20</b>	<b>21</b> NST speed & agility training 9:30-10:45	<b>22</b> Contact Day 5: Alliance Tournament	<b>23</b> Contact Day 6: Alliance Tournament
<b>24</b>	<b>25</b> Open field & Conditioning 9:30-11:00	<b>26</b> NST speed & agility training 9:30-10:45 @ Twinsburg 6:50 & 7:30	<b>27</b>	<b>28</b> NST speed & agility training 9:30-10:45	<b>29</b> Contact Day 7: Strongsville Tournament	<b>30</b> Contact Day 8: Strongsville Tournament
<b>31</b> Contact Day 9: Strongsville Tournament	<b>Notes:</b>					

August 2016						
◀ July						September ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <u>Mandatory practice begins:</u> 8:30-11:00 and 12:30-3:00	<b>2</b> Practice 8:30-11:00 and 12:30-3:00	<b>3</b> Practice 8:30-11:00 and 12:30-3:00	<b>4</b> Practice 8:30-11:30	<b>5</b> Practice 8:30-11:30	<b>6</b> <u>Scrimmage</u> @ Olmsted Falls 11:00/1:00
<b>7</b>	<b>8</b> Practice 8:30-11:30	<b>9</b> Practice 8:30-11:30	<b>10</b> <u>Scrimmage</u> @ Canfield 5:00/7:00	<b>11</b> Practice 8:30-11:30	<b>12</b> Practice 8:30-11:30	<b>13</b> Practice 8:30-11:30
<b>14</b>	<b>15</b> <u>Scrimmage</u> Central Christian 5:00/7:00	<b>16</b> Practice 3:00-5:30	<b>17</b> <u>Scrimmage</u> Glenoak 5:00/7:00	<b>18</b> Practice 3:00-5:30	<b>19</b> Practice 3:00-5:30	<b>20</b> Practice 8:30-11:30
<b>21</b>	<b>22</b> Practice 3:00-5:30	<b>23</b> <u>First Regular Season Game</u> @ Walsh 5:00/7:00	<b>24</b> Practice 3:00-5:30	<b>25</b> Practice 3:00-5:30	<b>26</b> Practice 3:00-5:30	<b>27</b> <u>Woodridge</u> 12:00/2:00
<b>28</b>	<b>29</b> Practice 3:00-5:30	<b>30</b> <u>Wadsworth</u> 5:00/7:00	<b>31</b> Practice 3:00-5:30	<b>Notes:</b>		